THE adjoiNER MONTHLY

CREATING LIMITLESS PATHWAYS

AUGUST 2026 EDITION
THE LATEST ADJOIN NEWS

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Connecting, Celebrating & Making Memories!

MESSAGE FROM THE CEO

BY: Wendy Forkas

August was a productive month filled with opportunities to get out and connect with our amazing team members and the people we support! I enjoyed traveling to the Central Valley to spend time with our teams, see what's happening across our programs, and catch up with everyone. One of my highlights was attending the Merced Open House. What a wonderful event! I loved seeing the people we support so actively involved—from putting items together and manning tables to welcoming guests and supporting the event in so many ways. Most importantly, everyone seemed to be having a great time, and it was wonderful to see so much engagement, pride, and community spirit!

I also had the pleasure of attending our Veterans Day at the Bay celebration. What a beautiful day celebrating our veterans and all their hard work! Watching everyone play games, learning a few line-dancing moves, and, best of all, hearing the laughter throughout the day made it extra special. These are the moments that remind me why the work we do matters so much. I truly appreciate our people—our team members, the people we support, and our veterans—and everything each of you brings to Adjoin. Thank you for the energy, dedication, and heart you bring to what you do every day. It's a privilege to be part of this team!



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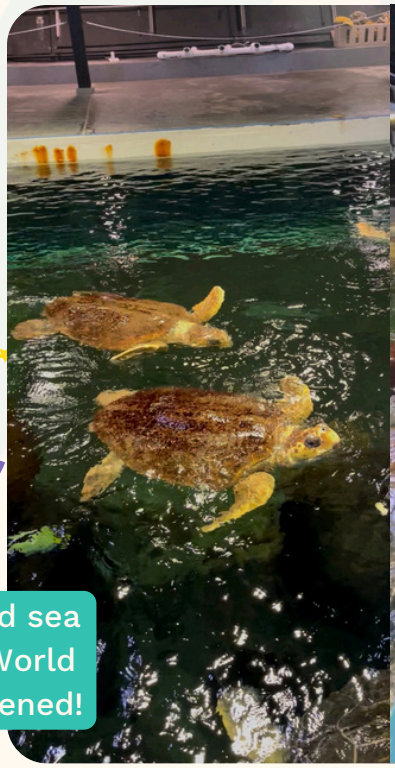
CORPORATE SAN DIEGO

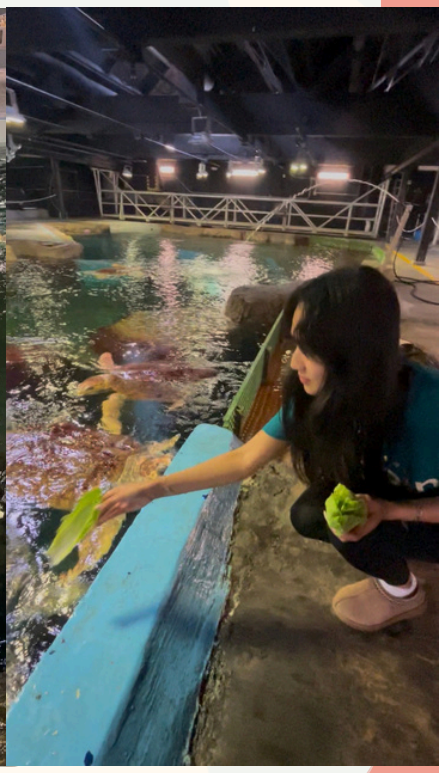


Corporate celebrated the launch of Path-Now 2.0!



Happy Birthday Angie, Antonio & Stephone!





Lynn and Victoria got to feed sea turtles after tabling at SeaWorld for Miliatry Appreciation Weened!

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veterans SAN DIEGO & IMPERIAL COUNTY







The Veterans office got a new facelift with a new Adjoin sign above the reception area, a beautiful gallery wall, and some accent walls painted by the San Diego ARTE team!





The Veterans team enjoyed their annual Day at the Bay as their team member appreciation event!





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catalysts VISALIA



Happy Birthday Esteban, Destiny, Marina, Vanessa, Markees, Justice, Megan & Nayive!



House Manager Anavel and Ernest coming back from Grocery run, ready to stock up the kitchen!



Mark Celebrated his Birthday!





Staff Erica and Client Connie enjoying a Neon party at the Wellness Center!

A relaxing moment for Sidney as he enjoys his Spider-Man bed sheets as staff keeps his company!



America Calderon, thank you for 3 years!

Happy Workaversary!



Bryanna Rodriguez, thank you for 5 years!

Happy Workaversary!



Wendy and Sam visited each office in our Northern California region! Thank you, for taking the time to visit our Central Valley offices! We truly enjoyed having you here. Your visit brought a great spark of energy, encouraged meaningful connections, and reinforced our culture of ensuring everyone feels welcomed, valued, and included. Thank you for investing your time with our teams and for helping strengthen the positive culture we continue to build together!

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catalysts SAN DIEGO







The Southern California Catalyst Team had a great management team retreat!

The San Marcos Senior Center held its Annual Luau with several of our clients and staff involved. They had a great lunch, listened to music and even some Hawaiian dancers.





Catalysts Social Club held their yearly bowling day. We had an amazing group with several NEW clients attending for the first time. Everyone bowled 2 games, socialized, met new people and continue to build new connections and friends.



After 23 years of working with Susan M., Adjoin says a sad farewell. Susan passed away on the morning of Aug 15 in her own home and at the young age of 81. Anyone who knows Susan knows that THIS is what she wanted. She was determined to live independently in her own home and worked hard to ensure this happened. She loved to cook, read, do puzzles and watch her favorite Soap Opera General Hospital which she has been watching for over 20 yrs. Our RM Teri and Susan had "General Hospital" conversations at each of her CPS meetings. Over the years, Susan has attended lots of Catalysts' Social Club events. She enjoyed Disneyland, Knotts Berry farm, bowling, our annual Wheelchair Regatta and so many more.

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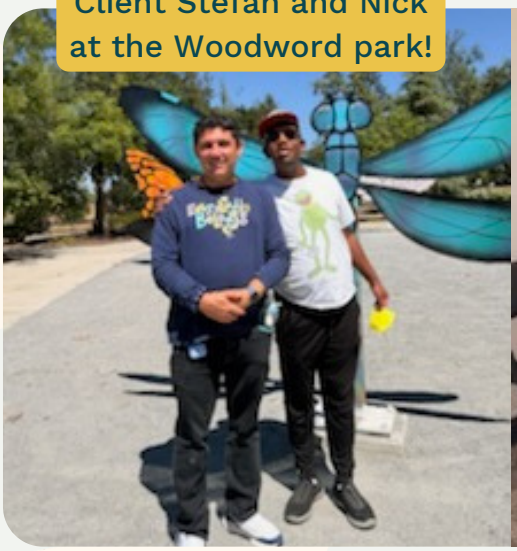
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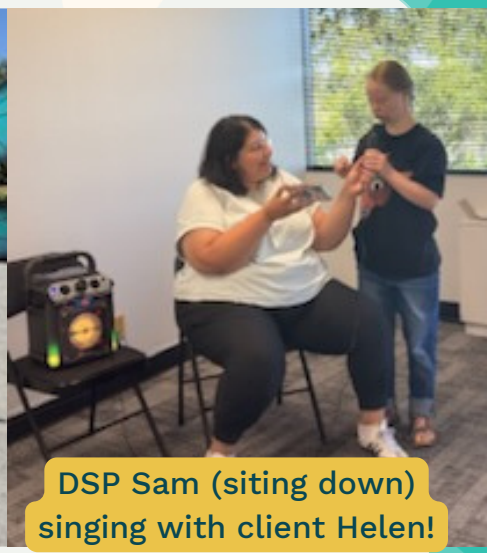
catalysts FRESNO



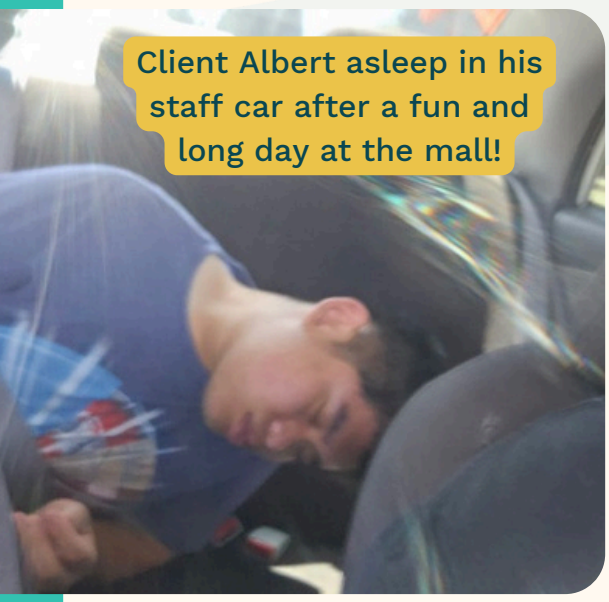
Happy Birthday Hugo, Christopher, Samantha, Brandon, Carie, Danielle & Christopher!



Client Stefan and Nick at the Woodword park!



DSP Sam (siting down) singing with client Helen!



Client Albert asleep in his staff car after a fun and long day at the mall!



Client Ryan at the arcade playing a driving game!



Client Tommy at pottery making a cup!

catalysts STOCKTON

Celebrating anniversaries!





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catalysts ORANGE COUNTY

The Southern California Catalyst Team had a great management team retreat in San Diego!











Michael has been receiving Independent Living Skills (ILS) services since October 2025 and is this month's Client Spotlight! Through Adjoin's support, he was able to obtain employment with a local agency, where he works to improve and maintain the cleanliness of the facilities. Michael takes great pride in everything he does and demonstrates a strong commitment to doing his best. He enjoys expressing his personal style by wearing his cowboy hats and Western fashion and has a strong bond with his beloved dog, Max. His employment and personal interests continue to be positive aspects of his daily life and contribute to his sense of independence.

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catalysts MERCED











Wendy and Sam visited each office in our Northern California region! Thank you, for taking the time to visit our Central Valley offices!

August was another busy month for the Merced Adjoin Office. They participated in National Night Out on August 4 th. They also had an open house on August 13th. Clients enjoyed meeting the team from San Diego that came to the event including Wendy, Olivia, Pat, Jeff and Kenda. The incredible team also had great times with the clients including outings to Columbia, Santa Cruz beach, and Table Mountain Casino. With great staff and great clients Merced is accomplishing their goal of making Adjoin the best service agency in the area.







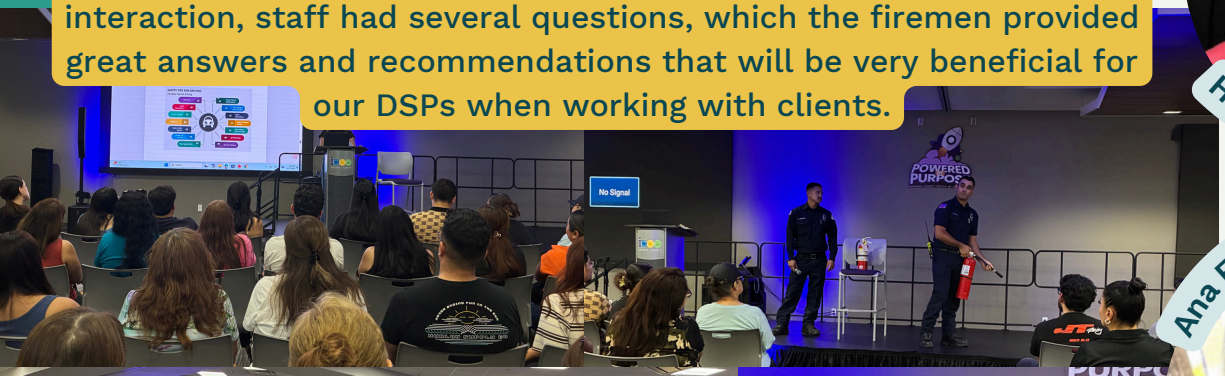
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catalysts IMPERIAL VALLEY

IV's All Staff Meeting had a great turnout with great safety information from the El Centro Fire Department. There was a lot of interaction, staff had several questions, which the firemen provided great answers and recommendations that will be very beneficial for our DSPs when working with clients.







Jose Ramirez, thank you for 3 years!



Happy Workaversary!

Ana Evans, thank you for 10 years!



Happy Workaversary!

Happy Birthday Ana, Thelma, Dulce, Jessica, Sofia, Rosalyn, Ruben, Melanie & Sebastian!

Alma Canchola, thank you for 5 years!



Happy Workaversary!

Cande Burch, thank you for 5 years!



Happy Workaversary!







The Southern California Catalyst Team had a great management team retreat in San Diego!

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ANNIVERSARIES TEAM MEMBERS

19	Ronald Clayton	San Diego
18	Teddy Agbayani	Stockton
17	Eula Wilburn	San Diego
14	Jacob Carter	Merced
	Christopher Solis	Fresno
13	Tanya Sierra	Visalia
10	Geraldine Hood	Visalia
8	Esmeralda Rodriguez	Fresno
7	Johana Ramirez	Imperial Valley
	Aaliyah Cortez	Visalia
6	Jande Hernandez	Stockton
5	Elfida Acosta	Visalia
4	Christina Casas	Fresno
	Bao Xiong	Fresno
	Lourdes Valverde	Imperial Valley
3	Luis Torres	Fresno
2	Keegan Wulf	Corporate
	Pat Phelan	Corporate
	Frank Battle	Fresno
1	Danielle James	Corporate
	Amanda Flores	Fresno
	Natalie Duenas	Imperial Valley
	Ivory Laster	Veterans
	Gloria Arce	Imperial Valley

ANNIVERSARIES CLIENTS

28	Kelly M	San Diego
27	Ronald G.	San Diego
23	Moua C.	Fresno
18	Kyle B.	San Diego
15	Colleen S.	Fresno
14	Jay A.	San Diego
13	Sergio C.	San Diego
12	Josefina M.	El Centro
	Marlene G.	El Centro
11	Adrian D.	El Centro
	Glen S.	Visalia
	Michelle S.	El Centro
10	Arlene A.	El Centro
8	Brandi C.	El Centro
7	Jacqueline L.	El Centro
6	Frieda D.	San Diego
	Nestor L.	San Diego
	Skip F.	Stockton
	Molly O.	Fresno
5	Ricardo E.	Stockton
	Joseph P.	San Diego
	Nicole M.	Fresno
4	Craig K.	San Diego
	Ryan Y.	Fresno
	Chloe C.	San Diego
	Karina S.	San Diego
	Anthony J.	515MCD
	Claudia M.	Stockton
	Nayeli C.	El Centro
	Frances M.	Merced
3	Carlos F.	El Centro
	Adelina M.	El Centro
	Raymond O.	Visalia
	Laura F.	El Centro
	Lesly F.	Fresno
	Dolores O.	Visalia
	Matthew B.	Merced
	John K.	San Diego
	John S.	El Centro
	Jessica G.	Stockton

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SAFETY SPOTLIGHT

HIGH HUMIDITY HEAT SAFETY



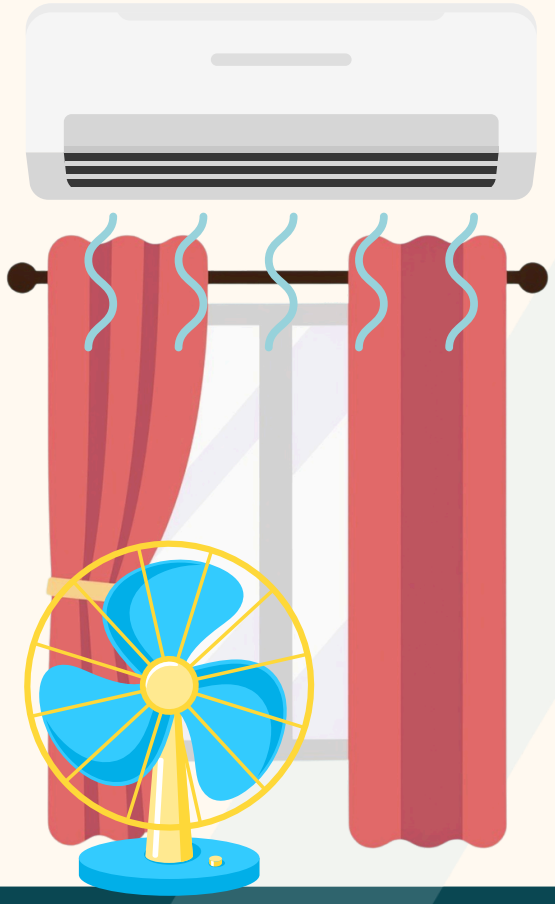
High Humidity Dangers

ALL Sweat
At the levels of humidity we're experiencing, sweat can no longer be evaporated from the body.



10 Degrees
Current humidity levels cause the temperature outside to feel up to 10 degrees hotter than it is.

High Risk
Caffeine, Sugar and Alcohol result in the body expelling extra water. Anyone consuming these items should take care to consume extra water.



Be Ready

Preparing
- Blackout or shade parts of the house that get the most sun during the day
- Have something capable of moving air, like a fan or AC unit.
- Avoid anything that brings additional moisture into the environment like humidifiers or evaporative coolers

Cooling at home
- Wear loose fitting clothing
- Utilize ice packs for rapid, localized cooling
- Any sized AC unit will help decrease the humidity within the environment, doesn't have to be whole house.

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POLICY OF THE MONTH



ERGONOMICS

Musculoskeletal Disorders (MSDs)
Affects Muscles, Blood Vessels, Tendons:

- Carpal Tunnel
- Tendinitis
- Rotator Cuff Injuries
- Lower Back Injuries / Muscle Strains

Risk Factors



Exerting Excessive Force
Lifting Heavy Objects, maintaining control of equipment



Working in Awkward Postures
Kneeling, leaning over a counter, twisting torso while lifting.

Performing Similar Tasks Repetitively
Performing the same series of motions for an extended period of time





Localized Pressure into Body Part
Pressing the part of the body against hard or sharp edges.

Be Mindful – Lower Your Risk

- Report Injuries ASAP so workspace can be re-evaluated for Ergo Safety
- Utilize standing desks or take breaks to move around
- Good posture, healthy keyboard and monitor positions, and proper posture can prevent injury long-term

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TEAM ENGAGEMENT WE WANT YOUR FEEDBACK!

Submit your ideas to sparktank@adjoin.org!

The Spark Tank is a standing committee of Adjoin team members who serve as an intermediary between all levels of the organization and leadership to help identify gaps, explore opportunities, and create solutions that can enhance the services Adjoin provides.





Olivia is Adjoin's Chief Compliance Officer!

Any grievances can be directed to Olivia Blaylock at olivia.blaylock@adjoin.org

Submit an anonymous comment on the Adjoin Team page!

All team members can access the Team page on the Adjoin Website and submit an anonymous comment at the bottom of the page.
https://adjoin.org/team-member-information/

What is on your mind? Send Adjoin anonymous feedback or your great idea!

MESSAGE *

Please enter your comments.

e.g. The reason for my anonymous message is...

SEND ANONYMOUS MESSSAGE

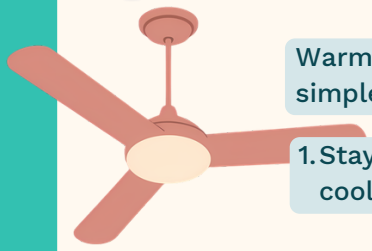
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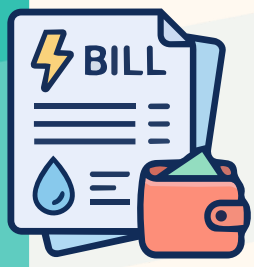
SDGE™

LITTLE CHANGES HELP YOU SAVE ENERGY



Warmer days are here and that can mean higher energy use. Check out these simple tips to help you stay comfortable while keeping your bill on track.

1. Stay breezy: Use ceiling fans (counterclockwise in the summer) and tabletop fans to stay cool and turn them off when you leave the room. Ceiling fans cool people, not rooms.



2. Track your energy use: See when and how you're using energy with My Energy Charts. Sign in to MyEnergyCenter.com. Click on the usage tab to spot patterns and find ways to save.



3. Shift to save: Most customers are on a Time-of-Use plan where energy costs the most from 4 p.m. to 9 p.m. Reducing energy use during these on-peak hours can help you manage your energy bill. Find out your pricing plan on sdge.com/residential/pricing-plans and compare to other plans to see which is best for you.



4. Take advantage of lowest-cost hours: Run large appliances, charge EVs or cool your home during these during super off-peak hours when energy costs less; weekdays from midnight to 6 a.m., (new!) 10 a.m. to 2 p.m., and midnight to 2 p.m. on weekends.



5. Unplug and save: Everyday devices could be quietly adding to your bill, but unplugging them while not in use can help you save energy. See your potential savings with SDG&E®'s vampire energy calculator.

For more tips and tools to help you stay comfortable and save energy this summer, visit sdge.com/SimpleSteps.

Actual savings may vary and will depend on various factors, including geographic location, weather conditions, equipment installed, usage rates and similar factors. Completing multiple energy-saving measures will not necessarily result in cumulative savings.

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