



adjoin



together we **ignite** possibility

# our impact

All humans deserve respect, dignity, and a world where we move beyond acceptance. We are on a mission to help people often invisible to society create their unique pathway to attain personal success where they live, work, learn and play.



**734**

**catalysts persons  
served in 2021**



**771**

**veterans households  
served in 2021**



**345,952**

**hours of support provided  
to persons served in 2021**



*"From the minute that I contacted VCS my coordinators made me feel like a regular person. That I could count on them, my opinion mattered, and that my well being was first hand. And they still do it every single day. I am so happy about that, I really am. It has given me a world of confidence"*

*// Daniel, Adjoin Veteran*



## **mission**

To create limitless pathways for people to belong where they live, work, learn, and play.

## **vision**

To be the most resourceful and impactful social service organization in building a world of inclusion.

## **values**

### **people**

People are our greatest asset; we celebrate, value, and respect people from all backgrounds and walks of life.

### **integrity**

We build relationships based on trust and make decisions in the most responsible way possible.

### **innovation**

As people our needs are constantly evolving, and so, too, should our systems of care.

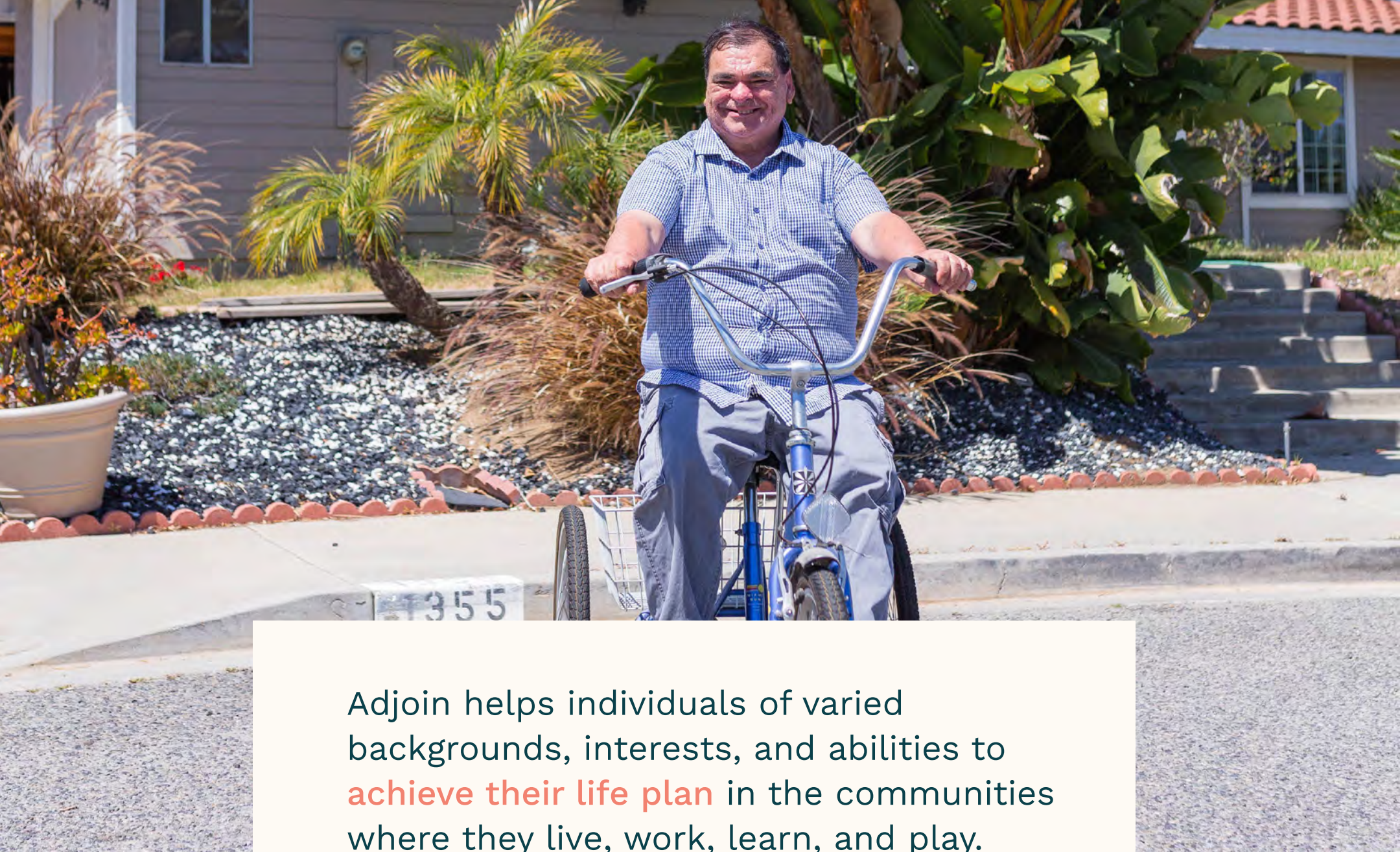
### **compassion**

We care deeply about every person in our community and always act in their best interests

### **fun**

We wholeheartedly approach our work with joy and gratitude.





Adjoin helps individuals of varied backgrounds, interests, and abilities to **achieve their life plan** in the communities where they live, work, learn, and play.

# how we achieve quality

The team members of Adjoin share the responsibility for service quality. Our service model is designed to ensure that all procedures meet established regulatory requirements. The goal of our Quality Assurance Program is to provide high-quality client services. Thus, we continually seek our stakeholder's feedback and use the data collected to make rational, confident, and cost-effective decisions focused on our clients' best interests. Our overall goal is to provide services that enhance their quality of life.

Additionally, we recognize the importance of meeting internationally recognized standards of best business practices. We accomplish this by having all our vocational services and Adjoin Veterans accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF is a private, non-profit organization that promotes quality rehabilitation services. Adjoin Catalysts' Vocational and Adjoin Veterans programs throughout the state have been CARF-accredited.

**live \* work \* learn \* play**

*"I am very happy to be with Adjoin because they help me with any problems and have always respected my decisions! Thank you." // E. Rosalez, Adjoin Person Served*





Adjoin Catalysts offers various services to people within the full spectrum of types of disabilities. Every day our professional team members are committed to people with disabilities to help them belong where they live, work, learn, and play.

We achieve success by:

- Providing the client with appropriate and effective services
- Serving each client in the least restrictive environment
- Increasing the independence of all clients served
- Assisting each person with improving their quality of life

## **tailored services for people with disabilities**

Adjoin Catalysts is always ready to build a partnership with individuals and their circle of support. All of our services begin with the following steps:

### **step 1**

Adjoin Catalysts professionals begin working with the client and their support team to provide support, assistance, and guidance to help each individual make informed choices about services.

A photograph of two women walking outdoors in a park-like setting. The woman on the left has long brown hair and is wearing a white long-sleeved shirt and dark sunglasses. The woman on the right has short brown hair, is wearing a purple floral patterned top, red sunglasses, and a pink strap across her chest. They are both smiling and looking towards each other. The background shows green grass, trees, and a clear blue sky.

## facts

Adjoin Catalysts continue to think of new ways to help people. In our recent survey, **90%** of Catalysts persons-served are very or extremely satisfied with Adjoin.

**98%**

of persons served rate their ability to carry out their different life roles as good, very good, or excellent

**95%**

of professional Stakeholders rated staff professionalism as good or excellent.

### step 2

An assessment process identifies the strengths, desired outcomes, challenges, strategies and identifies re-resources/natural supports for the individual.

### step 3

Development of an individualized plan that consists of goals and objectives that will assist the individual in reaching different skill levels at home, work, and in the community.



**adjoin**

**case  
management  
instruction  
counseling  
personal  
support  
advocacy  
individual  
skills training**

## **Client Services Location Key**

- sd** **san diego**
- sm** **san marcos**
- iv** **imperial valley**
- m** **merced**
- f** **fresno**
- v** **visalia**
- st** **stockton**
- sa** **salinas**
- sc** **santa clara**

## **individualized coordinated service plans**

We help individuals identify their preferred futures and incorporate their vision with realistic goals to develop individualized community-based supports taking into account the individual's medical, psychiatric, and behavioral needs.

Person-centered thinking is at the forefront of our service delivery. We focus on maximizing self-sufficiency and personal growth.

We recognize our clients share in the rights and responsibilities of community living and should make informed judgments related to their choice of living arrangement, vocational pursuits, and lifestyle.

We remain committed to equity and respect for all individuals in our community.



## independent living services

sd sm iv m f v st sa sc

Catalysts offers assistance and training to help clients with the skills necessary to have one's own home or apartment with minimal assistance to be as fully self-sufficient as possible. The process begins by increasing self-reliance by means of providing a balance of support, counseling, and training in the home.

An Independent Living a Direct Support Professional meets with a client in their home or other community setting usually a few hours each week as needed to help the clients be successful in maintaining their living situation.

## training or support services offered in both independent and supported living services

- Housing Search
- Tenant Rights and Responsibilities
- Money Management
- Household Maintenance
- Medication Management
- Personal Health and Hygiene
- Shopping
- Medical Appointments
- Meal Planning and Preparation

## supported living services

sd sm iv m f v st

In the Supported Living program, a client may live alone or with a roommate, neighbor, or other support person, as preferred. This roommate may share the living space, the household responsibilities, and expenses, or just be close by when needed to provide added security and companionship. The Direct Support Professionals provide training and personal support services so that the individual may live in their own apartment or house fully integrated into the community.

Traditionally, supported living services are best suited for individuals who prefer or require more comprehensive levels of regular and on-going support. The individual will learn new or improve existing skills for living in the community and receive assistance to obtain adaptive systems and equipment that make learning and living easier.

- Coordination of In-Home Support Services
- Social Skill Development
- Volunteer Opportunities
- Safety Planning and Preparation
- Problem Solving
- Advocacy
- Transportation Training
- Parenting Skills
- Mental Health Symptoms



## supported employment

sd sm

We assist people with disabilities keep real jobs in San Diego County.

Employment Services are geared towards maintaining individual competitive wage employment at local businesses. Our Direct Support Professional provides quality mobility training, job training, on-and-off-site job support services and follow-along to individuals and companies.

When a job has been secured, we directly support the client and employer with on-the-job-training. Our team is available with training and advocacy when new job challenges present. The type and amount of intervention provided is determined by the individual and their circle of support.

## self determination

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The Self-Determination Program is an innovative service design option available to Regional Center clients which empowers individuals the freedom to design and choose the support services at the frequency that meets the needs of their person-centered plan.

The individual makes decisions based on what is important to them. Outside the box services and supports are allowed by Regional Center vendorized or non-vendorized service providers. All participants are responsible for developing a budget and spending plan to contract and maintain their paid support network.

*“I have more confidence in myself, to push advocacy and stand up on my own - to show other consumers they can be more independent.”*

*// R. Ruiz, Adjoin Person Served*



## community based day program

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- Community Integration in a Small Group Setting
- Coordinated Support Team & Individual Program Development
- Vocational Training
- Leisure Skills Training
- Accessing Community Events/Recreation
- Planning and Organizing Group Activities
- Shopping – Planning & Purchasing
- Mobility Training & Community Transportation Options
- Socialization Training
- Personal & Community Safety
- Self-advocacy



## tailored day services

sd sm iv

- One-to-one support in vocational pursuits, post-secondary education, and social/recreational interests.
- Programming tailored for your schedule
- Individualized functional assessment of interests, abilities, and experience
- Programming designed by a trained professional and their support team
- Coordination with other community support services offered by Adjoin and/or other partner agencies to ensure complete support access and avoiding duplication.

*“Fun times we have eating together, hanging out, talking, enjoying ourselves. You know, that’s the way it is.”*

*// Russell, Adjoin Person Served*



## transportation services

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The Transportation Program offers individualized and group transportation services to and from home to community-based day program activities in the region. This program is also available for individualized transportation services to San Diego County for a variety of reasons including medical appointments, family visits, or visiting alternative services due to a planned move to the area.

## transportation response to individualized program services (T.R.I.P.S.)

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The Transportation Response to Individualized Program Services (T.R.I.P.S.) located in San Joaquin and Stanislaus counties provides transportation to individuals with developmental, physical and emotional disabilities when no other means of transportation is available. The majority of T.R.I.P.S. provided are for individuals who require extra support due to their behavioral needs or when public transportation options or routes do not meet an individual's needs.

## rapid emergency services (R.E.S.T)

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Rapid Emergency Services Team (R.E.S.T.) program is funded by the Regional Center and is designed to provide short-term crisis services to help assist in integrating and stabilizing clients in the least restrictive environment possible in the community.

This response is provided on a 24-hour-on-call basis and the services provided may vary upon the circumstances of the situation. If clients or team members need help, they contact the person on duty. If you or your care-provider needs help, our emergency on-call team members respond by either phone or on-site visits.





# skills academy

An innovative online skills training program, Inflight Skills Academy, teaches independent living, vocational, and social skills to individuals with intellectual developmental disabilities and autism.

Online learning has become common in education, and for good reason: it offers learners the flexibility to learn at their own pace, allows the learner to schedule class time around their busy schedules, provides access to those in rural areas or with limited access to transportation, uses technology to make the content more accessible (such as closed captioning, audio, visual, recorded seminars, multi-modal assignments and more), and provides the “quiet learner” the opportunity to be heard.

Average class sizes range anywhere from 6-15 and are capped at 20 so students get to enjoy the perfect balance of meaningful student-student and teacher-student interactions. Adjoin is offering this unique post-secondary programming designed with neurodiverse learners in mind but open to all learners!



## online

Self-paced AND live on Zoom, enjoy activities, simulations, and games in your interactive online classroom and interact with the teacher and classmates in live online seminars each week



## accessible

Designed with neurodiverse learners in mind, each course features closed captioning, click to listen, speech to text, audio, visual, recorded seminars, multi-modal assignments, and more!



## independent

Take class anywhere, anytime! You'll need a device, such as a computer, tablet, or smartphone; reliable internet access; and about 4 hours per week.



# veterans

Our housing-first strategy secures permanent housing for every Veteran family we proudly serve in San Diego and Imperial Valley counties. We are honored to receive funding and support from the Department of Veteran Affairs to provide supportive services for Veteran Families (SSVF) to live, work, learn, and play.

Veteran households experiencing homelessness receive housing search support by their assigned housing coordinator. Veteran involvement in the housing search is a collaborative effort between the coordinator and Veteran. Temporary financial assistance is provided based upon household income and federal guidelines (Area Median Income) and prior financial assistance. While we work to secure housing, referrals to shelter, Bridge and other temporary housing are made as appropriate and available. Veterans who are at risk of homelessness are also offered prevention services.

## supportive services for veteran families may include:

- Providing housing coordination services
- Lease review with household members
- Housing Coordinators provide landlord engagement throughout counties served
- Assisting Veteran households with housing stability plan development
- Rapid Re-Housing and Homelessness Prevention
- Program Agreement
- Tenant Rights and Responsibilities
- Shared Housing
- Housing Assessment
- Shallow Subsidy

## commit to workplace diversity – hire a veteran

Veterans can benefit any company they work for by utilizing skills including leadership, teamwork, strong work ethic, core values, self-direction, technology and globalization.







## veteran career opportunities

Veteran households receive case management services including referrals to, America's Job Centers, employment opportunities, peer support resume/LinkedIn profile development, and other referrals to find meaningful employment. In addition, our benefits coordinator provides an assessment of potentially eligible veteran and other benefits the household may qualify for.

## assessment. connection. assistance.

Veteran households are connected to referrals and services based upon a needs assessment. Our health care coordinator assists eligible Veterans to connect to the local VA. Ineligible veterans and household members are connected to community resources as needed.

- Assess Veteran household to develop needs and strengths
- Health care coordinator connects Veterans to local VA as needed
- Assist with VA enrollment for eligible Veterans
- Develop Housing Stability Plan
- Offer referrals for physical/mental health needs
- Assist Veterans through the housing navigation and move-in process
- Meet with households in their home and in the community
- Provide life skills education and assistance
- Connect Veterans to a variety of community resources and services
- Provide crisis intervention and safety planning



**Everyone deserves a place to call home, especially our Veterans.**



## service locations

✱ corporate office   ✱ catalysts services   ✱ veterans services

- ✱ ✱ ✱ **san diego**
- ✱ **san marcos**
- ✱ ✱ **imperial valley**
- ✱ **merced**
- ✱ **fresno**
- ✱ **visalia**
- ✱ **stockton**
- ✱ **salinas**
- ✱ **santa clara**

scan with your phone  
to contact us online



**adjoin.org**